The Sanlu fiasco: risks of formula feeding

The whole world recoiled in horror at the recent Sanlu milk scandal in China: over 6,000 babies ill, including more than 150 in critical condition, and four deaths. News that melamine, a toxic chemical was deliberately added to local brands of baby milk to falsify protein levels have compelled Chinese parents to seek imported brands.

Responding to this, well-known foreign brands have reportedly requisitioned more stocks from abroad to meet the surge in demand. What people are failing to see is that artificial feeding itself is a risk to infant health. Records compiled by IBFAN-ICDC show that foreign brands also are susceptible to contamination. Serious questions about the safety of such products have been raised in many countries, not just in China. The World Health Assembly has in recent years adopted several resolutions regarding the dangers of intrinsic contamination of powdered infant formula but these red flags have been swept under the carpet or hushed up by companies so as not to affect sales and profits. Now they are riding high on the anxiety of Chinese parents.

In the wake of the Sanlu tragedy, the government is looking for culprits. Although it is imperative for those guilty to be publicly charged, it is even more important for China and the rest of the world, to take serious stock of the inherent dangers of bottle feeding and work towards having more mothers opt for breastfeeding instead. Apart from giving consumers up-to-date and consistent information about infant and young child feeding, including the risks of formula feeding, vigorous steps must be taken to ensure that mothers can make decisions free of commercial influence.

China has had national regulations which implement the International Code of Marketing of Breastmilk Substitutes since 1995 but the lack of enforcement means that companies have been able to treat the regulations with impunity and behave as if no law exists. The pictures show how Sanlu, imitating foreign brands, aggressively promotes its products to Chinese mothers and turns them away from the age-old tradition of breastfeeding.
Breastmilk is the optimal food for babies from birth up to the age of two years. It has the correct amount of nutrients, it is safe and hygienic, does not require sterilisation or preparation. It is available for free but it is not being promoted. Instead, aggressive marketing of cow’s milk formula has made mothers oblivious to all the benefits of breastfeeding.

The Chinese officialdom has stepped in to address quality of milk. That they must do but they must also pour in resources for activities which promote, protect and support breastfeeding.

About IBFAN
The International Baby Food Action Network (IBFAN) is a coalition of more than 200 citizen groups in 95 developing and industrialised nations.

IBFAN works for better child health and nutrition through the promotion of breastfeeding and the elimination of irresponsible marketing of baby foods, feeding bottles and teats.

The Network helped to develop the International Code of Marketing of Breastmilk Substitutes and is determined to see marketing practices everywhere change accordingly.

About ICDC
The International Code Documentation Centre (ICDC) was set up in 1985 to keep track of Code implementation worldwide.

- ICDC publishes *Breaking the Rules and State of the Code by Country* every two to three years.
- Since 1991, ICDC has been giving training courses on Code implementation to assist governments in drafting sound legislation to protect breastfeeding.
- ICDC collects, analyses and evaluates national laws and draft laws. ICDC also conducts Code monitoring courses and maintains a database on Code violations worldwide.